

Fr. Jacek **Wojda**, Self-Love, Cognition and True Love. Small Treaty on Some Stages of Spiritual Life

Summary

In the modern epoch there were many investigations of human spirit for discovering what is certain and permanent. All that started with the new philosophy of Descartes. His thought may be helpful in searching for truth as a nutrition for developing Christian life. The article undertakes the attempt to insight into human self. The considerations start with love, because it seems to be what should drive human spiritual life and lead man to his heart. The second part of the article contains what can be achieved by applying Descartes' thought for searching for what is true and permanent. The third (the last) part of the paper is dedicated to God and His contribution to human love and cognition, and its consequences.