

Summary

Sport is a very widespread and universal phenomenon that it has become an essential element of everyone's life. Its value and pervasiveness has extremely great influence on youth. Practiced as the concept of the humanities and geared mainly towards the individual, not as it is sometimes only for money and fame, will shape responsibility and respect for the others. The practice of sport which is about great importance of a harmonious and full development of a human, i.e. body and soul, is addressed to all people, and also students of the Seminaries. Therefore, the more each alumnus in his formation, human, intellectual, spiritual and pastoral, aims for the priesthood cannot ignore the physical activity, as it will be a primary task to achieve personal maturity and becoming physically fitter. The love for sports by alumnus should become a building block of human solidarity in the way of friendship and goodwill in respect of each person you encounter. At the same time developing the physical prowess and becoming tougher should never distract alumnus from the spiritual duties. Therefore, each alumnus – the athlete, in addition to the spiritual dimension of seminary formation, may then work on practice of sport, which in many ways contributes to better preparation for priesthood.